



Community

Grand opening of
the Mountain Post
Wellness Center
set for June 19

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Mountaineer surveys

During the upcoming weeks, the Mountaineer will conduct two surveys to help us better serve you. One survey, included in each bundle of today's Mountaineer, will involve delivery of the newspaper to the barracks and several organizations around the post. The other, which will be inserted in random issues of the June 19 Mountaineer, will be a more detailed readers survey of what you like or dislike about



Commanders



Riggs

“The flag is a reminder of our past and our hope for the future.”

Sunday marks two important occasions in our nation's history—the creation of the U.S. Army and the nation's flag. Although the events occurred two years apart, in the minds of many, the two are linked.

There is no better symbol of our country's past than the flag. The Continental Congress established the Stars and Stripes on June 14, 1777—221 years ago.

According to early stories, Gen. George Washington described the flag this way: We take the stars from heaven, the red from our mother country, separating it by white stripes, thus showing that we have separated from her, and the white stripes shall go down to posterity representing liberty.

Legend tells us an improvised flag was flown as an armed enemy approached Fort Schuyler a few weeks later, made from a soldier's white shirt, a captain's blue cloak and the red stripes from a soldier's wife's flannel petticoat.

The flag is a reminder of our past and our hope for the future. It is a reminder of the people who dreamed of a free land; and those who fought to keep it free.

The flag has seen American blood spilled at Valley Forge, Gettysburg and Normandy. The colors have gone to Korea, Vietnam and the Persian Gulf. Millions of Americans have been called to arms by their country, and fought bravely for that flag. It has been into space and stands on the moon. It flies proudly in front of the Headquarters Building every day and is raised and lowered in solemn military ceremonies.

Our flag has led American men and women forward in peace and in war. Beneath it, many have given their lives on battlefields. New life and new hope have been brought to people around the world under the red, white and blue flag.

The flag represents America. It represents

freedom. It represents our forefathers. It represents you and me.

Although Flag Day is not an official holiday, Americans across the country join together to honor the nation's flag on June 14.

While the flag has evolved and changed, the liberty and freedom it stands for remain constant. And the soldiers fighting for and protecting that freedom remain constant.

Sunday marks another important day—the U.S. Army's birthday. The Army has supported and defended the constitution of the United States since the Declaration of Independence—and before. The Army was created June 14, 1775, during a time of unrest and turmoil—created to fight for freedom and independence.

For many people, the flag and the Army are almost synonymous. They both represent the values of freedom and liberty.

Be proud of our flag, a symbol of leadership and democracy throughout the world. And be proud of the U.S. Army—your Army, which defends that flag so well.

Proud to serve!

Major General John M. Riggs

Sound Off!

What does the American flag mean to you?



Patty Pigford
Family member
It means having the freedom to express myself.



Maj. Scott Winegar
Oregon Military Academy
The flag provides a rallying symbol.



Staff Sgt. Lloyd Sterling
3rd ACR
It means duty, honor respect and



Spc. James MacLagan
National Guard
More than words can convey.

Court-martial

A sergeant first class with Dental Activity was charged with six specifications of maltreating a subordinate, four specifications of indecent assault and one specification of communicating indecent language. Contrary to his pleas, he was convicted of three specifications of maltreatment of a subordinate and two specifications of indecent assault. The sergeant first class was sentenced to be reduced to the grade of E-1 and discharged from the Army with a bad conduct discharge.

A sergeant first class with 10th Special Forces Group (Airborne) was tried by a special court-martial empowered to adjudge a bad conduct discharge for theft of government property and false swearing. While employed at the Fort Carson Post Exchange during his off-duty hours, the soldier stole a satellite dish and, when confronted, lied about it. He pled

guilty to the two offenses and was sentenced to be reprimanded, to forfeit \$400 pay per month for two months, and to be reduced to the rank of staff sergeant.

A private first class with 3rd Brigade Combat Team was convicted, contrary to his pleas, at a general court-martial of two specifications of rape, forcible sodomy and two specifications of both indecent assault and assault and battery. A military panel of officers and enlisted soldiers sentenced the soldier to forfeit all pay and allowances, to be confined for a period of eight years, to be reduced to the grade of E-1, and to be discharged from the Army with a dishonorable discharge.

A sergeant with the 651st Quartermaster Company, Borgstrom U.S. Army Reserve Center, Ogden, Utah, pled guilty at a general court-martial to 21 specifications of obtaining

services under false pretenses. The sergeant used his government telephone to make approximately 129 personal long distance phone calls, and made about 77 personal phone calls using a friend's telephone without her permission. The sergeant was sentenced by a military panel of officers and enlisted soldiers to be reduced to the grade of E-1 and to be discharged from the Army with a bad conduct discharge.

A private with 3rd Brigade Combat Team was tried by a general-court martial for wrongfully using marijuana on two separate occasions, using methamphetamine, possessing methamphetamine with intent to distribute, wrongfully introducing methamphetamine onto an Armed Forces installation, breaking restriction and failing to go at the time prescribed to his appointed place of duty. The soldier pled

MOUNTAINEER

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Army announces new design for division

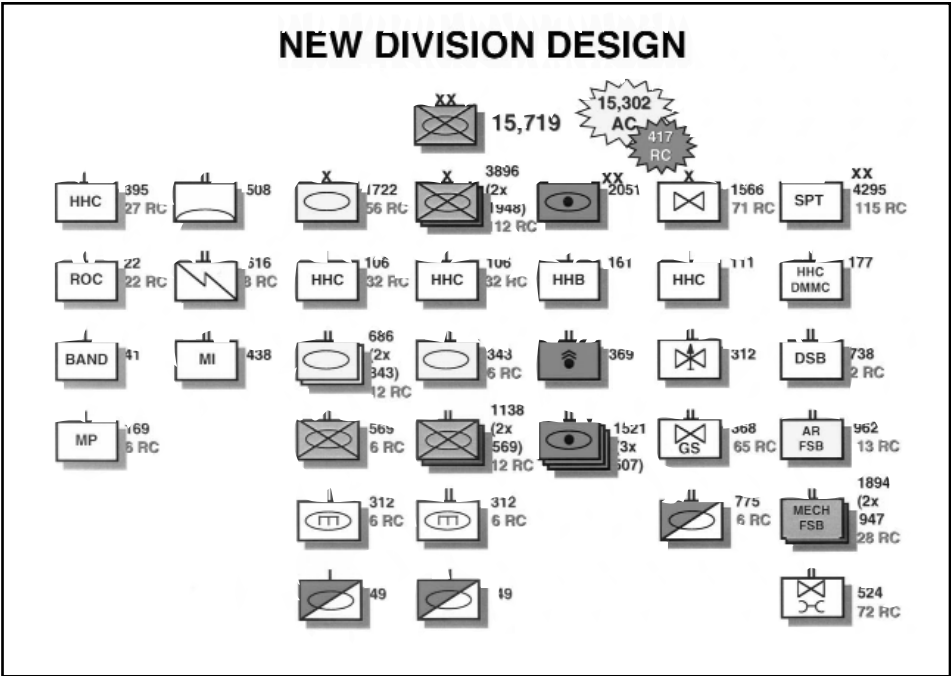
U.S. Army Public Affairs

The U. S. Army announced Tuesday the details of its new division design, a new organizational design for its basic battle-field maneuver unit.

Today (Tuesday) is an important day in the Army's history. The new division design is one of our key milestones as we prepare for the 21st century, said Gen. Dennis J. Reimer, U.S Army chief of staff. We have developed a division that is strategically deployable, agile, flexible and the type of decisive, full spectrum force we will need in the 21st century.

The new division design takes full advantage of Information Age technologies and new modular distribution systems. It is also an important step toward fully integrating Active and Reserve Component forces, Reimer said.

This new division is the result of years of hard work and experiments at the National



Training Center and elsewhere, where we implemented new technologies, doctrine and equipment, said Reimer. This new organization would not have been possible without the superb effort and can do attitude of soldiers and civilians from throughout the Army as well as a number of civilian contractors who partnered with us from the onset. Collectively, their efforts have produced a division which will serve our nation well in the 21st century.

Even as the Army makes this announcement, it has already started building the new division at Fort Hood, Texas. The 4th Infantry Division (Mechanized)

has been designated as the first of these divisions in the Army and will have the majority of its capabilities in place by the year 2000.

The division design's major advancement is an intranet information system allowing it to see where friendly units are and send up-to-the-minute data on enemy locations. The object is to give soldiers the ability to know where they are, where their buddies are and where the enemy is at all times.

Combining this new capability with current and new weapon systems makes the new division a more lethal and responsive force than the division designs which served in Desert Storm. The new division design is a significant step in embedding revolutionary change in the Army's warfighting organizations. The new design is a major move along the path of change towards fielding the forces which will dominate the 21st century battle-

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Mountain Post Team MVP

United Services
Automobile
Association

United Services Automobile Association Insurance Company made a donation of 17 new child car seats to the Army Community Services loan closet. Captain Nancy Saddler, Army community health nurse from the Department of Preventive Medicine at Evans Army Community Hospital is a charter member of the Drive Smart Committee of

Colorado Springs. During a recent committee meeting Saddler reported that Fort Carson makes child safety seats available to service members for loan at no cost from the loan closet. USAA commended the program, and through Maile Gray, the USAA Drive Smart consultant, they were able to provide the seats to the loan closet. USAA is the founder of the Drive Smart Campaign of Colorado Springs. This gift by USAA provides the children of Fort Carson with an invaluable gift of safety.

This feature in the Mountaineer will spotlight a soldier, Department of the Army civilian, retiree, family member or volunteer each week for an outstanding act or performance. We need nominations to run this feature every week. Each week, the MVP will be selected from nominations from the Fort Carson community. Nominations should include the person's full name, rank or title, what they did that resulted in the nomination and a phone number where they can be reached. The deadline for nominations is 3 p.m. Thursday for the following week's Mountaineer. Nominations can be faxed to 526-1021 or mailed to:
Mountaineer
Public Affairs Office, Building 1430
Fort Carson, CO 80913-5000.
For more information, call 526-4144.

Community recovering from cha

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Firefighters received awards for their efforts in saving Soldiers' Memorial Chapel in the Jan. 3 fire.

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Wellness Center grand opening

by 1st Lt. Christopher Peterson and Lt. Col. Laura Kostner

Evans Army Community Hospital

Preventive medicine is key to force protection, essential to quality of life and a fiscal imperative for our nation. Soldiers will not have time to acclimatize. Within hours, soldiers may be on the ground halfway around the world, expected to perform their mission. It is no longer sufficient to be healthy. Soldiers must be optimized in their health—the physical and psychological equivalent to being all that they can be. Optimized soldiers are more resistant to disease and injury and more resilient in recovery should illness or injury occur. Brigadier Gen. Patrick D. Scully, commander of the U.S. Army Center for Health Promotion and Preventive Medicine.

Evans Army Community Hospital and the Mountain Post have teamed together to strive towards achieving this goal. Major Gen. John M. Riggs, commanding general, recently approved the creation and sustaining support of the Mountain Post Wellness Center. It will be located in the Army Community Services building, 1526. The grand opening will be June 19 at 1:30 p.m.

It is no secret that our personal and professional accomplishments are enhanced by improvements in our health. Most leaders, civilian and military, agree to this fact. Individual

and unit operational effectiveness, employee productivity and family harmony are but a few measures that may be linked to healthy bodies and minds. To help in improving health and wellness, the Mountain Post Wellness Center will focus on increasing knowledge and awareness on such subjects as physical fitness, body weight and composition, substance abuse, injury prevention, decreasing coronary disease and overall feelings of well-being. Their vision is to provide a comprehensive, coordinated wellness program that identifies the health promotion and disease or injury prevention needs of all Mountain Post team members: soldiers, civilian employees, family members, retirees and their families. This diverse audience will be grouped through similarities in their needs with specific targets created for educational and other services. Participants will be presented with individual attention aimed at affecting behaviors which influence their health eating



From left to right: Rick Lahti, Lamar Taylor and Kwame S. [unclear] equipment into the Mountain Post Wellness Center. The

habits, exercise, stress reduction and the like; and their overall wellness in a measurable way.

Whether we're talking about individual fitness or unit Army Physical Fitness Test scores, job- and sports-related injuries, lost days at work, disability claims or serious illnesses among families, the Mountain Post Wellness Center hopes to reduce the burden of human suffering and raise the overall readiness of the Mountain Post Team.

The facility will be a joint venture between Army

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COMMUNITY

Kit Carson Community Festival

Schedule of Events Retiree Appreciation Days

Friday, June 26

<u>Event</u>	<u>Location</u>	<u>Start Time</u>
Golf (RAD)	Golf Course	8 a.m.
Lunch/Award Presentation	Golf Course	noon
Job Fair	Elkhorn	9
a.m.		
Retirement Ceremony	Manhart Field	3 p.m.

Saturday, June 27

Pancake Breakfast	Old PX Parking Lot	6 a.m.
Theater Program	McMahon Auditorium	9 a.m.
Static Display	Old PX Parking Lot	10 a.m.
New Barracks Tour (If Available)		noon
County Fair	Youth Services Center	1
p.m.		
Workshops	Youth Services Center	1
p.m.		
Dedication	Ironhorse PFC	3 p.m.
Army Ball	Broadmoor	6 p.m.

Sunday, June 28

Memorial Services	McMahon Theater	11 a.m.
Breakfast Brunch	PX Parking Lot	12:
15 p.m.		

Monday, June 29

<u>Event</u>	<u>Location</u>	<u>Start Time</u>
Installation Run	Pershing Field	6:30
a.m.		
Basketball	Garcia and Waller PFCs	10
a.m.		
Boxing	Post Field House	10 a.m.
Soccer	Pershing Field	10 a.m.
Softball	Sports Complex	
10 a.m.		
Volleyball	McKibben PFC	10
a.m.		
Billiards	Fatz	10 a.m.
Bowling	Post Bowling Center	10 a.m.
Darts	Neon Sports Saloon	10 a.m.
Sportsman Marksmanship	Range 19 and 5A	10 a.m.

Tuesday June 30

<u>Event</u>	<u>Location</u>	<u>Start Time</u>
10 km Run	Post Field House	7 a.m.
Golf	Post Golf Course	7 a.m./1
p.m.		
Softball	Sports Complex	
9 a.m.		
Volleyball	McKibben PFC	9
a.m.		
Basketball	Garcia and Waller PFC	9
a.m.		

Golf

p.m.

Culinary Arts Judging

a.m.

Archery

a.m.

Basketball

a.m.

Climb the Wall

Racquetball

Soccer Finals

Softball

9 a.m.

Horseshoes

a.m.

Chess/Checkers

10 a.m.

Sand Volleyball (two person)

a.m.

Swimming

Billiards

Event

Boxing

Darts

Bowling

Litter Race Relay

a.m.

Flag Football Finals

a.m.

Commander's Litter Race

Karaoke

Racquetball Finals

Bed Race

p.m.

Women's Basketball Finals

Men's Basketball Finals

p.m.

Tug of War

p.m.

Softball Finals

p.m.

Post Golf Course

Elkhorn

Archery Range

Garcia and Waller

Outdoor Recreation

Ironhorse PFC

Pershing Field

Sports Complex

Ironhorse PFC

Ironhorse PFC

Ironhorse PFC

Outdoor Pool

Fatz

Location

Post Field House

Neon Sports

Post Bowling

Ironhorse PFC

Sports Complex

Ironhorse PFC

Ironhorse PFC

Ironhorse PFC

Ironhorse PFC

Garcia PFC

Garcia PFC

Ironhorse PFC

Sports Complex

Single Soldier I

Thursday, July

Location

Ironhorse PFC

Event

Miniature Golf Tourney

10 a.m.

Darts Finals

Bowling Finals

Karaoke

a.m.

Auto/Motorcycle Show

Neon Sports

Post Bowling

Ironhorse PFC

Ironhorse PFC

Growth issues impact Fountain Creek watershed

by Susan C. Galentine
Mountaineer contributor

It's hard to imagine Fountain Creek, with areas often a mere trickle, being a source of trouble much less a terrible flood which killed people. This deceptive creek did just that in May 1935 when 18 people were killed and dozens of homes were destroyed after storm waters tore through Colorado Springs.

In our modern era, it is easy to assume that we wouldn't suffer the same consequence, however, exactly the opposite is true. Growth and development have led to greater instability of the creek and the associated watershed.

A group of concerned stakeholders formed the Fountain Creek Watershed Project in 1995, in order to come up with practical approaches to deal with urban growth issues impacting the watershed. Fort Carson, the largest stakeholder, owning 20 percent of watershed lands, is a vital participant in the project.

A watershed, explained Tom Johnson, Fountain Creek Watershed Project Coordinator, is the land in a geographic area from which the water drains into a common body of water—in this case the Arkansas River. The

Fountain Creek Watershed is a 927-square-mile, teardrop shaped basin and is comprised of Monument and Fountain Creeks and all area tributaries.

The basin boundaries are Pikes Peak to the west, Monument Hill to the north, eastern Colorado Springs to the east and Pueblo to the south. Every drop of water that falls in this basin, elaborated Johnson, drains into Fountain Creek.

The FCWP, which is working toward forming a formal association with the Pikes Peak Area Council of Governments, has committees representing infrastructure, environmental protection, landowners and information and resources. The project encompasses El Paso, Pueblo and Teller Counties; the cities of Colorado Springs, Pueblo, Fountain, Manitou Springs, Woodland Park; and the towns of Monument, Palmer Lake and Green Mountain Falls.

The mission of the FCWP, through education and awareness, is to teach landowners, whether government, business or private, to practice proper watershed management.

Fort Carson has played an integral role in the watershed pro-

ject since its beginnings. The post, said Johnson, is a model when it comes to watershed management.

Fort Carson has been a leader in recognizing its own contribution to Fountain Creek's problems and is taking responsibility to do more than their share to correct those problems, said Johnson. They (Fort Carson) have provided this watershed project with nearly half of all monies. The post gave the FCWP a grant for \$59,950 in 1996.

Johnson added that the post has regularly provided opportunities, technical support and helicopter support for aerial views of the watershed. Gary Belew, the chief of the Natural Resources Division, Directorate of Environmental Compliance and Management at Fort Carson, serves on the FCWP Steering Committee. Belew feels the post's involvement in the watershed is critical.

The primary reason (Fort Carson is involved) is it is the only means we have to manage our resources beyond the boundaries of our installation, said Belew. Land management is concerned with the impact of what is happening inside and outside the bound-

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TRICARE Service Center offers 'one stop

Evans Army Community Hospital

Located on the first floor of Evans Army Community Hospital, the TRICARE Service Center is a busy place. It serves as a one-stop shopping center for most of your TRICARE needs. It is located adjacent to the Patient Representative's Office, diagonally across from the pharmacy waiting area.

The Center at Evans is

staffed by employees from TriWest Healthcare Alliance. TriWest is the managed care contractor for the TRICARE Central Region which includes the Pikes Peak area. The Center associates are a mix of health care coordinators and beneficiary service representatives. They are there to help you get answers and the care you need. On any given day, the staff sees about 100 walk-in visitors seeking information or

assistance, coordinates dozens of referrals for specialty care and answers numerous phone calls from TRICARE patients.

A Health Care Coordinator is a health care professional, usually a registered nurse or physician assistant, who assists your primary care manager with authorizations and referrals to appropriate health care services in the military treatment facility and civilian provider network. Think of them as the person

behind the scenes. They coordinate care. There are many types of care and health care. The TRICARE program represents a variety of plans and services. Make the best choice. If you

Monthly premium for dental program i

Evans Army Community Hospital

The monthly premium for the TRICARE active duty family member dental program will increase Aug. 1.

The rate for a single enrollment will go up from the present \$7.64 per month to \$8.09. A family enrollment that now costs \$19.09 per month will be \$20. Active duty service members will see the premium increase reflected in their July Leave and Earning Statements. Families who are signed up for the plan by their military sponsors on or after July 1 will be enrolled at the new rate.

The monthly premium deducted from active duty service members' paychecks is 40 percent of the premium cost for the plan. The other 60 percent is paid by the government.

The scheduled premium increases were proposed by the present dental contractor, United Concordia Companies, Inc., in their ini-

tial bid for the contract, to cover expected increases in program costs. These increases were subsequently accepted by the government.

For more information about the dental plan, write to the contractor: United Concordia Companies, Inc.; TFMDP Customer Service; P.O. Box 898218; Camp Hill, PA 17089-8218. Or you may call toll free, 800-866-8499.

The following are some frequently asked questions about TRICARE.

Q: My PCM recently referred me to a specialist. The TRICARE appointment person called me to let me know when my appointment is and it's six weeks away. I was told the access standard for specialty care is four weeks. Does that mean I can go downtown for my care or do I have to wait six weeks to be seen by a specialist at Evans?

A: If we cannot get you in Evans for care

within the established network, we should offer you that care from a standard co-payment of your sponsor's grade. Speak with a health

Q: Do I need to pay for TRICARE Prime?

A: Whether to pay for supplemental policy is based on individual circumstances. If you don't require supplemental coverage, you have a comprehensive organization. However, if you have pre-existing conditions, out-of-pocket costs, or a type of TRICARE co-

Chapel

Sunday worship services normally held at Soldiers Memorial Chapel will be conducted at McMahon Theater. Catholic Mass is at 9:30 a.m. and Protestant worship is at 11 a.m. Child care is provided.

An account has been established to receive donations toward the replacement of sanctuary furnishings destroyed during the January fire at Soldiers Memorial Chapel. Send checks or money orders to that chapel or the Installation Chaplain's Office.

There is a new liturgical worship Sundays at 10:30 a.m. at Provider Chapel. Those who have traditions such as Lutheran, Episcopal, Presbyterian and Methodist may be interested in this new service. Call Chaplain Brock at 526-1473 for more information.

God's Kids Pray is the 1998 Vacation Bible School experience. Vacation Bible School will be conducted June 22 to 27 at Soldiers Memorial Chapel. Classes for adults and children will be conducted from 6 to 8:30 p.m. Dinner will be provided each evening. The bible school will culminate in a family Cultural Heritage Day June 27. To register, contact your chaplain or call Dennis Scheck at 526-5626. Registration will continue

Chapel Schedule

ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Cor
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr.
Healer	Mass	M - W-F	Noon	Evans Army Hospital	Fr.
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Cha
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms.
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Cha
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Cha

Changes in worship services due to the fire at Soldiers Memorial Chapel are deno

LITURGICAL

Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Cha
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PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Cha
Prussman	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Rev
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Cha
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Cha
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Cha
Prussman	Prot./Samoan	Sunday	11 a.m.		Bar
Chap. Giles/526-4206					
Soldiers	Sun. School	Sunday	9:30 a.m.		Nel
Scheck/526-5626					
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Cha
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Cha
Veterans	Protestant	Sunday	11 a.m.	Magrath & Titus	Cha

For additional information contact the Installation Chaplain's Office, building information and a schedule of Jewish Sabbath services, call the U.S. Air Force 333-2636. Normally, free child care is available for infants and preschool age children for worship services. Some worship services offer a children's church for ages 6 to 12.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Saturday, Psalms
Sunday, Psalms
Monday, Psalms
Tuesday, Psalms
Wednesday, Psalms
Thursday, Psalms

COMMUNITY

Chaplain s

by Chap. (Capt.) Peter Mueller
3rd Armored Cavalry Regiment

Almost any school age child can sing the words to The Star Spangled Banner at least the first verse. You don't have to watch too many sporting events to get it down. And most Americans actually know who wrote the song, and many even know the circumstances.

But not too many Americans know there are other verses to the anthem. One of the most moving

verses is the fourth, which says:

O! thus be it ever when free
men shall stand

Between their loved home and
the war's desolation;

Blest with victory and peace,
may the Heaven-rescued land

Praise the Power that hath
made and preserved us a nation!

Then conquer we must, when
our cause is just;

And this be our motto, In God
is our trust!

And the star spangled banner

in triumph shall wave

O'er the land of the free and
the home of the brave!

Francis Scott Key, who penned these words on that fateful night of Sept. 14, 1814, knew that the greatness of America, her strength and her will, came not from industrial or technological or military might, but from faith and the mercy of God. This is no less true for us today. Our industry is only as strong as our will, our technology is only as useful as our

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BBB warns of misrepresenten

Better Business Bureau Consumers in the Pikes Peak Region have received a mailing from Natural Choice USA in Culver City, Calif. alerting them of seminars being held at the Antlers Doubletree Hotel today, Saturday and Sunday.

The firm is reportedly offering a business opportunity for the sale of vending machines.

The Better Business Bureau in Los Angeles reports that they have received complaints on this

firm alleging misrepresentation of profit potential and lack of support in placing machines. The firm responded by offering additional placement assistance or other assistance to enhance marketability. Several complaints remain unresolved, meaning consumers were not satisfied with the response.

On July 22, 1996, the Federal Trade Commission announced a settlement with Natural Choice USA, who, along

with two other firms, is collectively known as Orion. The FTC charged that Orion used plants and misrepresented, in written and oral sales pitches, among other things: potential earnings and profits, substance and success of its location assistance program, the number of Orion distributorships in any given geographic market, and that testimonials of successful distributors represent typical experiences. Without admitting any wrongdoing,

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Army's inspector general visits Fort Carson

Commends 1st Bn., 12th Inf., on performance at gunnery

by Pfc. Socorro A. Spooner
Mountaineer staff

The Army's inspector general visited the Mountain Post June 5 to get a look at the kind of training soldiers here are doing.

Lieutenant Gen. Larry R. Jordan observed soldiers of 1st Battalion, 12th Infantry, during their gunnery.

Jordan saw firsthand how the battalion worked together during the crew and squad qualification portion of its gunnery. Captain Shawn Carder, Company A, 1st Bn., 12th Inf. commander, explained the gunnery as the soldiers executed training.

It looked good, and it stirred my blood, said Jordan during the After Action Review. I see all the

units in the Army training and this is one of the best ones that I've seen.

Jordan had nothing but praise for the officers in charge. Jordan, who visited the battalion for about four hours, said he was impressed with what he saw.

Jordan was then taken to a MILES maneuver exercise where he saw soldiers in Bradley Fighting Vehicles maneuver around the terrain.

According to Jordan, this is some of the best training a unit could undergo.

Good work only gets us up to a point, said Jordan. You've got to get out in the field.

While visiting the unit, Jordan took time out to reenlist Staff Sgt.s



Photo by Pfc. Socorro A. Spooner
Captain Andrew Poznick, left, commander, Company B, 1st Battalion, 12th Infantry, listens to Lt. Gen. Larry R. Jordan, U.S. Army inspector general, during a Bradley MILES demonstration.



A National Guard Officer Candidate School noncommissioned officer hovers over a candidate doing push-ups.

'Smoke me, Serg

Officer Candidate School begins at F

by Staff Sgt. Jim Festi
128th Mobile Public Affairs Detachment
Colorado Army National Guard

The consolidated National Guard Officer Candidate School class of 1998 convened phase I Sunday at Fort Carson. Candidates from 36 states arrived June 5 and Saturday ready for



FEATURE



Infantryman turns officer

Soldier gets opportunity, challenge of a lifetime

by Cpl. MK Garrott
Mountaineer staff

Corporal Jason Raub, Company C, 1st Battalion, 12th Infantry, has had a plan laid out from the beginning. He just didn't know it would work out like this.

Raub knew he had to get his college degree, to have something to fall back on, should his career in the Army not work out. Raub also knew he'd like to become an officer one day. His first intention was to go to Officer Candidate School, but when he heard of the Commander's Hip Pocket scholarship, Raub figured that would work for him.



“...a great place for soldiers to soldier”

I want to be an officer because there you have an overall goal and mission. You work with the whole platoon or company, instead of just part of a team, said Raub.

The two-year scholarship was made available to Fort Carson by the Cadet Command. Major

subordinate unit commanders were authorized to nominate any deserving soldier who met requirements for the Reserve Officers Training Corps scholarships, bypassing the normal selection process.

Raub then filled out massive amounts of paperwork with the help of 1st Lt. Karl Mims, the battalion education officer. Raub also had to interview with the then commander of the 3rd Brigade Combat Team, Col. E.W. Chamberlain III. The scholarship will pay full tuition, as well as an allowance for books and fees.

Raub credits his chain of command with making this happen for him.

My old commander has taken me under his wing. And I've gotten that support from everybody. I'm so thankful for that, said Raub.

Raub currently serves with Co. C as an 11M, which he describes as an infantryman who rides on a Bradley as opposed to walking. Raub has served on Fort Carson for three years, and before that at Camp Hovey, Korea. During his time with the 1st Bn.,



Photos by Cpl. MK Garrott

Cadet Benjamin Minchhoff and Spc. Dustin Overholt dig a fighting position at the training site.



Left: Spc. Michael Brian operates a bulldozer. Above: An Armored Personnel Carrier crosses an Armored Vehicle Launch Bridge.

Engineers head downrange for platoon EXEVALS

by Cpl. MK Garrott
Mountaineer staff

Even though one of their primary missions is to breach and emplace obstacles, the 4th Engineer Battalion also must be ready to fight as the infantry would. That means that once obstacles are in place, the engineers have to defend what they have set up, or be ready to go on the offensive. Keeping up with M-16, M-249 and .50-caliber machine gun qualifications is about as important to them as using their bulldozers to

build fighting positions.

Two companies from within the battalion are being tested on all those skills downrange on Fort

Carson during their platoon external evaluations June 8 to 19. Companies A and C are getting evaluated by Company B, which is serving as the operation forces, observer controllers and is supplying logistics.

First Lt. Andy Trietley, battalion adjutant, said this kind of training is conducted quarterly, at squad, platoon and company levels, before the battalion has a full-blown exercise.

The platoon has to do its job perfectly, every time, before the company, before the battalion, said Trietley.

All this began at an M-16 qualification range June 8, after which the platoons rolled out to the field and got ambushed. The platoons work on engagement area development, survivability operations and live fire defense.

Initially, the exercise is



Sergeant Terrance Riley maneuvers his APC during a Nuclear, Biological, Chemical drill.



759th MP Bn. changes hands

Incoming 759th Military Police Battalion commander, Lt. Col. James Abney, second from left, passes the battalion's guidon to Command Sgt. Maj. Carl Hemler, after accepting the guidon from 43rd Area Support Group Commander Col. George L. Deason, left. Abney previously served at The Pentagon. The outgoing commander, Lt. Col. Gerald Mocello, foreground, is going to the Army War College, Carlisle Barracks, Pa.



Photo by Richard Bridges

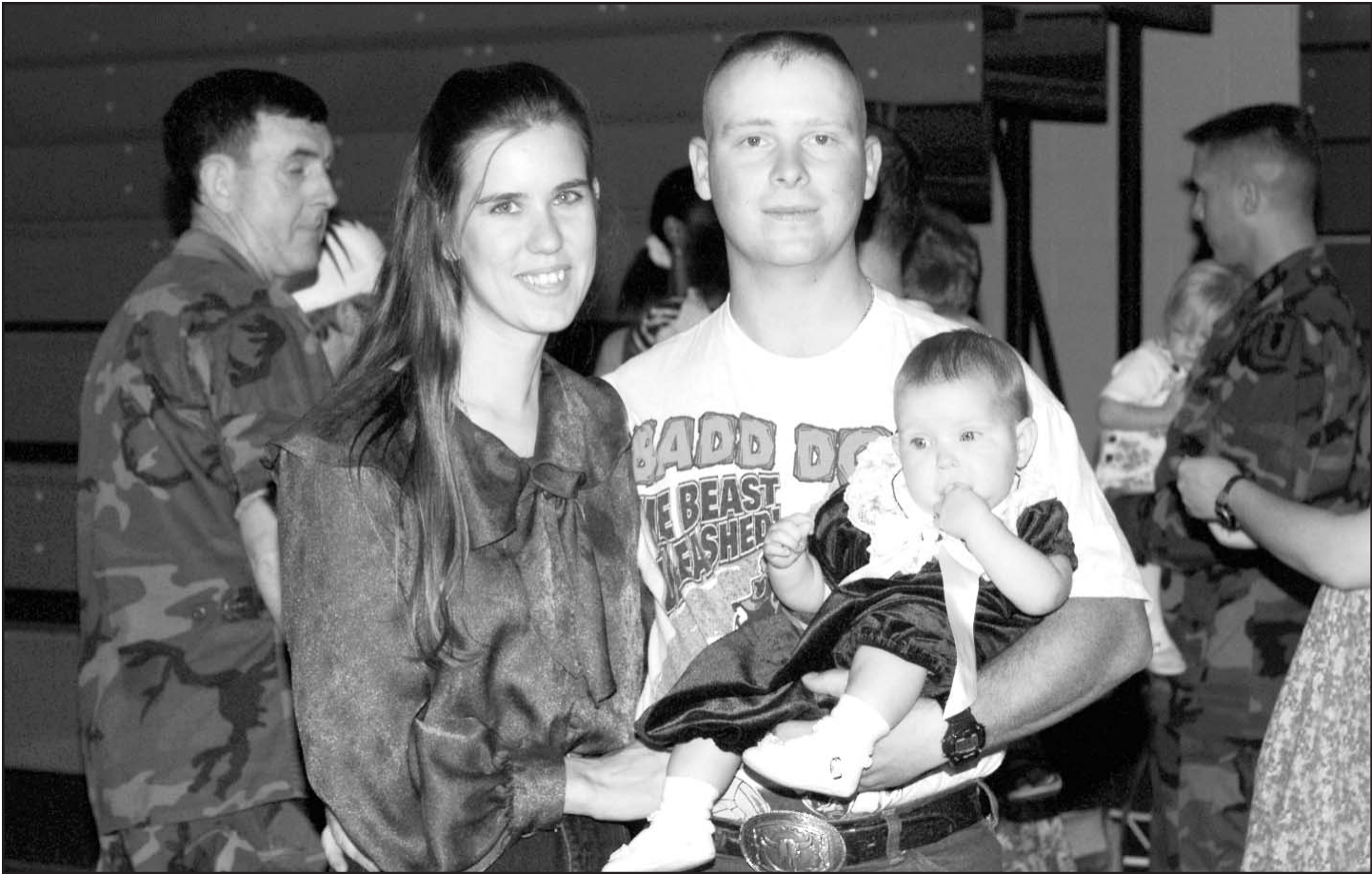


Photo by Pfc. Socorro A. Spooner

764th EOD heads for Bosnia

Specialist Russell Williams, 764th Explosive Ordnance Detachment, gets ready to leave his wife, Jennifer, and daughter, Kylan, at Fort Carson during a deployment to Bosnia. Twenty-two soldiers deployed Monday for a six-month rotation. During their farewell ceremony, the soldiers were addressed by Brig. Gen. John K. Schmitt, post deputy commanding general, and were told not to worry about those they've left behind,

Sports & Leisure

HHC 1/68 rebounds from two consecutive losses to defeat outmanned DFAC 30-1

by Walt Johnson
Mountaineer staff

Two weeks ago the Headquarters, Headquarters Company, 1st Battalion, 68th Armor softball team, was undefeated, in first place and looking like they would be a cinch for a playoff spot in this year's intramural championships. Last week you wouldn't have given them a chance to be anywhere near the playoffs, as they lost two games in one night and didn't look very good doing it.

Once again it looked like a contender was nothing more than a pretender. As HHC took the field Monday night in the Mountaineer game of the week, it was a time to see just what this team was made of, were they real or were they just fakers. When the game was over the Dining Facility team knew they were real, as HHC beat them, 30-1. Now it might be time for the rest of the post to take them seriously.

DFAC began the game in quiet fashion as their first three batters each flew out. HHC has been up and down in spite of its record according to Coach Sgt. Drew Spears, and he wanted to get an early indication of how his team would play. They didn't let him down.

After Spc. Henri Baez grounded out sharply to third base, HHC got a walk to Staff Sgt. Scott Walker followed by three straight singles from Spears, 1st. Lt. Michael Big Daddy Henderson and Sgt. Terry Gates to take a 3-0 lead. After a ground out by Master Sgt. George Wim, Spc. Eudean Maxey blasted a triple to left field scoring Gates to give HHC a 4-0 lead. They wouldn't score again in the inning but they established it would be their game.

The second inning proved to be the offensive highlight for the DFAC team as Sgt. Angel Oquendo singled, moved to second when Staff Sgt. Shawn Black walked, and scored on consecutive fielder choice

outs at second base.

With the score 4-1 heading into the bottom of the second, HHC went to the heavy lumber rack and when the smoke from the inning cleared, they had all but put the game away. After Michelle Gates grounded out shortstop to first the HHC team sent nine batters to the plate with only one player making an out, and his out scored a run.

With one out, Baez tripled and came home when Walker tripled to the gap in left center field. Walker then scored on a sacrifice fly by Spears giving HHC a 6-1 lead. With two outs it appeared DFAC would get out of the inning without much more damage, but HHC was only beginning to score more runs, though it wasn't all of their doing that got them six more runs in the inning.

Henderson doubled to left and

walked home after consecutive walks to Sgt. Terry Gates, Winn Maxey. The walks loaded the bases and Staff Sgt. Allen also walked to the HHC team another run and a 8-1 lead. That brought up Pfc. Scott Grother, who delivered a bases clearing triple to left field giving his team an 11-1 lead. DFAC then walked Michelle Gates and that brought Baez up. Baez rifled a shot into left center field and then pulled the only mistake of the night for HHC as he tried to stretch the double into a triple.

Michelle Gates was in front of him and she stopped at third base, meaning Baez was caught between second and third. He was tagged out for the third out of the inning but not before Grother scored to give HHC a 12-1 lead.

Amazingly, DFAC was still pumped up and ready to strike back in the third inning, but their will didn't match their output. The first two batters, Pvt. David Stowell and Pfc. Jessie Fish each were retired. With two outs Pfc. Bruce Hinkley singled to breathe some life into his team. However, Spc. Joseph Ortiz flied out to center to end the inning.

Not willing to settle for a huge 11-run lead with no offensive threat coming from

DFAC, HHC struck again in the

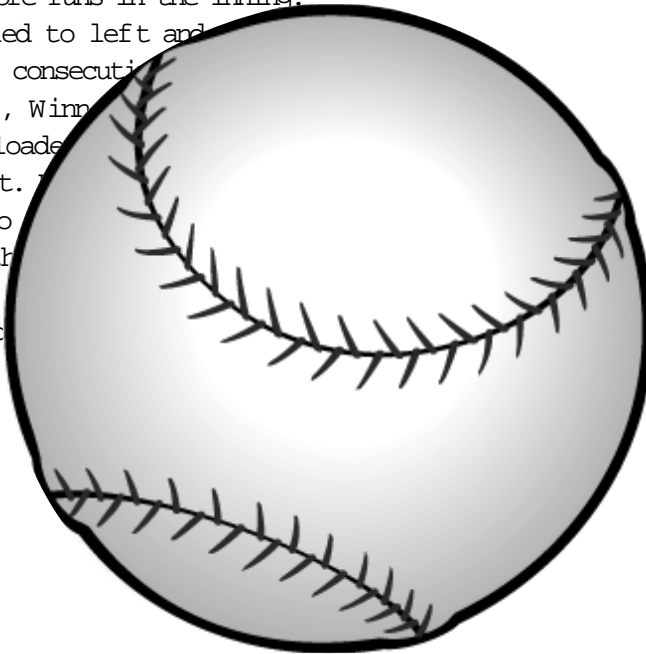


Photo by Stephanie Butcher

The one that didn't get away

Joseph Alba, left, stands with his friend Phillip Butcher (both are assigned to the 3rd Squadron 3rd Armored Cavalry Regiment) as they hold up the 33-and-a-half-inch, 23-and-a-half-pound, 23-inches-around catfish that Alba caught May 16 at the Haymes Reservoir on post. On May 26, Alba returned to the reservoir and caught a 26-and-a-half, 15-pound, 18-inches-around catfish. Alba said he used a 45-

Grounds crew keeps softball complex first rate

On the Bench

by Walt Johnson
Mountaineer staff

This week, On the Bench salutes the men and women of the Materiel Maintenance unit. Frequently, while this reporter has been at the Mountain Post Sports Complex, people say what a wonderful job they think is being done on the fields in the complex. Working to help keep the fields some of the best in Colorado Springs are left: George Ponder Jr., marking the base paths; bottom left: Joseph Martinez keeps the grass cut perfectly with a Groundmaster 455-D; and bottom right:



Fight time at the Olympic Training Center

Coach Byron Moore, center, will lead some of the World Class Athlete fighters into action today and Saturday at the Olympic Training Center Sportscenter 1 in the 1998 United States Boxing Challenge competition. Many of the nation's best fighters will be on hand as the battle for U.S. supremacy is fought. Discount tickets can be purchased at the Information Tour and Travel office for both nights' activities. For more ticket information, call ITT at 526-5366.

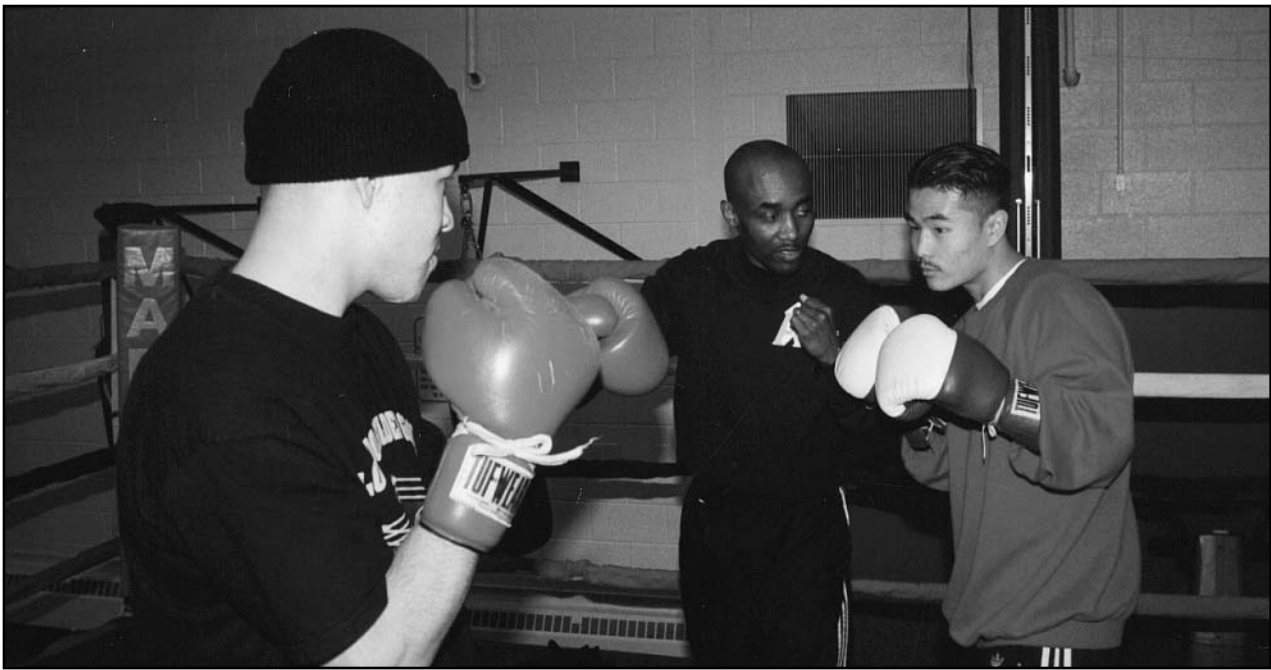


Photo by Walt Johnson

Daughter defeats mom to win Ironhorse racquetball title

by Walt Johnson
Mountaineer staff

Belinda Wallace stared down at the wall of the racquetball court in the Ironhorse Physical Fitness Center and she knew she was one point away from winning her second consecutive tournament championship.

The only problem was she had to defeat the one person she respects and admires the most in this world her mother, Annette. The 21 year-old Belinda swung her racket and won the point that put her over the top.

Rarely do you find young champions in the sport of racquetball but even more rare is the story of this mother and daughter team. They never intended to have success in racquetball bring them closer. They never needed racquetball to establish the bonds that mothers and daughters share when they have a good close relationship. They already had that type of relationship before Annette decided to bring her daughter to the fitness center to work as an intern.

In 1989 I was assigned to Ironhorse and I decided I wanted to learn how to play, Annette said.

Sgt. Major Oliver Copeland is one of the top racquetball players on post, and he started me playing. Belinda was my summer hire and she used to watch me play. She

liked the game, so I brought her in and taught her how to play. And now she beats me, Annette said.

I didn't like it at first, Belinda said. I remember the times she was trying to teach me to play and the ball would come off the back wall and hit me in my forehead. She would sit there and just laugh at me and I said to myself I was going to beat her one day.

Annette said she knew in 1995 her daughter had found a new interest in the game because she no longer wanted to just play, she wanted to win.

In 1995 Belinda got to the point where she said I wasn't going to beat her anymore and that was when we started playing competitively. The first time she beat me, she dogged me out. We split the first two games but she beat me in the third game.

She got to the point where I would have a lead on her and then she would start dropping (placing the ball short in the front of the court) on me and she knew I wouldn't run for the ball, Annette said with a laugh.

Belinda has always been involved in athletics, to the point where her mother affectionately says she has always been a tomboy playing games against the boys most of her life.

I could never beat the guys, but I wanted to play them because



Photo by Walt Johnson
Annette Wallace, left, serves the ball as she and daughter Belinda practice recently at Ironhorse Fitness Center.

they are stronger and they made me a better player.

While she said she had the same reservation that any mother has, hoping her daughter didn't get hurt, Annette said she never worried about the prospect of the boys hurting her daughter.

Belinda does not think like the average girl. She wants to go out and compete and have fun. If that means getting rough and tough, then that's the way it is. Belinda

was one of the first girls to play football in middle school. She will get into anything athletically. The coaches were afraid she would get hurt so they kept her standing on the sidelines. One day she got upset and asked the coach why she was there. The coach looked at me and I said I was okay with it (letting her play), Annette said.

So she went out there and played offensive tackle, and you could hear everyone say she's a

BOWLER

From Page 26

by Walt Johnson
Mountaineer staff

For one soldier going to the All-Army bowling trials was a chance to erase some past heartache.

But it wasn't all easy or painless for Staff Sgt. Lynn Dean even though he had the experience of a lifetime and a highlight to what has been a successful bowling career to this point.

Dean represented Fort Carson this year at the All-Army trials and while he didn't make the team he knows the feeling of a winner since only 27 people make the trials each year.

Bowling is one of those unique individual sports that makes a person discipline themselves to a practice regiment that is far from adoring crowds and coaches yelling instructions or giving advice. When you're on the lanes it's, you and the pins, according to Dean.

Our sport doesn't have coaches and it really takes a strong mind to get good at this game. Mentally our sport is very challenging because you have

to concentrate on your mechanics and form.

Arm and leg strength mean more than most people realize. A lot of bowling is footwork, timing release and follow through, said Dean.

That is important because bowling is a game of consistency and repetition and nothing more, Dean said.

Dean has shown his ability to overcome the most demanding mental aspect of making the most of what the All-Army bowling camp has to offer. He made the trials in 1995, but didn't make the team. With that experience behind him he looked forward to 1996 when he could combine that experience with another year of training, hoping that combination would lead to a spot on the All-Army team. What happened in 1996 though was a major disappointment.

In order to be invited to the trials, a bowler must have achieved a certain average at his or her home unit. That average must be confirmed by the bowling center director at the home post. Dean missed the chance to compete in the 1996 All-Army trials by one pin.

On the Bench

Ironhorse hosts exercise program

by Walt Johnson
Mountaineer staff

It's been said being an Army wife is the toughest job in the Army. There are few if any who would argue the point.

After all a wife has to do a number of multi-dimensional things to keep a soldier's career on track and ensure they are ready to carry out the Army's mission of defending the country against all enemies.

With this in mind, the Enlisted Wives Club has come up with an idea that should make the soldier more mission ready and give them a chance to do something positive for themselves. Saturday, many wives will go to Ironhorse Physical Fitness Center to see if a trial program will be beneficial to the soldier and his wife when they

participate in the first Women's Only exercise program.

Our main goal is to build confidence in the women and get them involved in physical fitness activities. This is a program that will be run by the Enlisted Wives Club and there will be no paid members of the Ironhorse staff involved with this program. We aren't doing this to be women's libbers or to take anything from the soldier. Instead we are trying to help the mission the soldier and the wives by helping wives be more physically fit. Our feeling is, the more physically fit the wife is the more mentally fit she will be and that will make for a better home life, said Gwen Ponder.

The idea for the women's fitness program came about at one of the Enlisted Wives Club meetings. Many expressed a desire to work out because they wanted to get in shape and have an outlet for stress. The only problem was many women felt intimidated by working out as a novice.

We had one lady (at the EWC meeting) who was having some

problems with her legs. She had been going to physical therapy. After being released from physical therapy she still didn't feel comfortable going to the gym on her own and using the equipment. She also wasn't comfortable going to the gym around all the men that are there because she felt a bit intimidated, Ponder said.

Joyce Clute, an Army wife said she also felt a little uncomfortable going to the gym to work out. She said she thinks the program is an excellent idea because she has seen a positive difference in her self-esteem and her marriage since she became more active with the EWC.

I don't go to a gym to work out because I know nothing about working out. I feel I'm overweight and I would be very uncomfortable going into a gym working out with a lot of guys who know exactly what they are doing, because I always feel like they are staring and laughing at me because I don't know what I'm doing.

I've noticed since I've been more active that I feel better about myself and my husband and I don't argue near as much as we used to, said Clute.

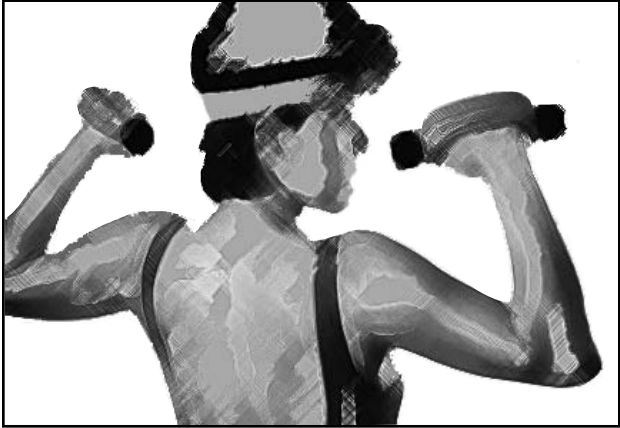
I think it will pick up the

women's self esteem. If I'm able to use the facility to shed some pounds I'm going to feel so much better about myself. When I work out I work the stress from that day or that week. Therefore, when I'm at home I'm not that pent up bottle of I'm waiting to kill you when my husband comes through the door, Clute added.

When the women of the EWC came up with the idea they wanted to make sure they could do this program without interfering with the soldier's ability to get the physical fitness training they need. With that in mind, they turned to a facility that wouldn't normally be open on Saturday to see if something could be worked out.

We approached the director of the Ironhorse facility (Bill Reed) and asked him if we could use the gym if it wouldn't take any time away from the soldiers or the commitments the facility has to the post. We also advised him that we would have volunteers who insure the building was secure and people to teach women how to use the equipment so no one would get hurt, Martha Reed said.

Reed said she feels there will be a lot of women eager to take



Built *to* last

Antique machinery fest breathes life into mining equipment of yesterday



by Nel Lampe
Mountaineer staff

digging for gold and silver in the west wasn't done with just shovels and picks, as you'll discover when visiting the Western Museum of Mining and Industry. Antique Machinery Days are this weekend. Antique engines, tractor pulls, machinery demonstrations, food booths and crafts create a festive annual event.

The museum is located on I-25 north, exit 156A, near the north gate of the U.S. Air Force Academy. Turn right and head for the red Victorian Farmhouse with white trim. Follow the signs on the right to the parking lot in front of the museum.

Guided tours of the museum are available, or the tour can be self-guided. Opt for the guided tour which is included in the price. As an added treat, the tour guide will demonstrate the machinery, all of which is operable.

One of the museum's biggest attractions is the Corliss steam engine, which weighs 36 tons. It was the typical western mining power source and dates from about 1880. The huge machine comes apart for moving or installation but each piece weighs about 8 1/2 tons. It is amazing that one ever got installed at the top of a mine at Cripple Creek's altitude of 9,000-feet.

Also on display is an 1880 Thomas Edison generator, which still works.

Other attractions in the museum are large pieces of equipment, a panning for gold trough, a typical assay office and other artifacts illustrating the gold and silver mining in the west. During the Cripple Creek gold boom in the 1890s, there were 12 assay offices testing ore samples. Cripple Creek was the second largest gold field in the world.

Occasionally a class is offered in assaying,



The Yellow Jacket stamp mill has been relocated to the mining museum.

using the historic method to measure the precious metal value in a piece of ore. It's a three-hour class and costs \$40 for members and \$55 for nonmembers, and is held at the museum. For information, call 488-0880.

Also included with the tour price is a video presentation which portrays the social history of an early miner.

The museum was established in 1970, moving to its present quarters in 1982. About 50,000 visitors stop by the Western Museum of Mining and Industry each year, according to Treloar Tredennick, public programs coordinator. Many of the visitors are engineers and technicians.

At present, some railroad cars from the Cumbres and Toltec Railroad are being restored on the museum's grounds. Visitors get a chance to see the restoration in progress.

Several pieces of machinery are displayed on the grounds, including a reconstructed ore

See Mining Page B2



Mining

From Page B1

mill.

Two burros, Molly and Polly, live in the pasture in front of the museum. Burros were used in mining operations and were called Rocky Mountain Canaries. Although Molly and Polly didn't actually work in the mines, they are descendants of mine-worker burros.

There are picnic tables on the grounds.

Perhaps the best time to visit the mining museum is the second weekend of June. On June 13 to 14, there is an antique engine show

and tractor pulls. Antique collectors bring in engines, and the antique steam shovel in the yard is operated during that weekend, one of only two times per year it is started. During the antique engine show, there is a crafters fair on the grounds and the local 4-H club operates food booths.

In addition to all the antique engines on display, the whole museum is also available to visitors.

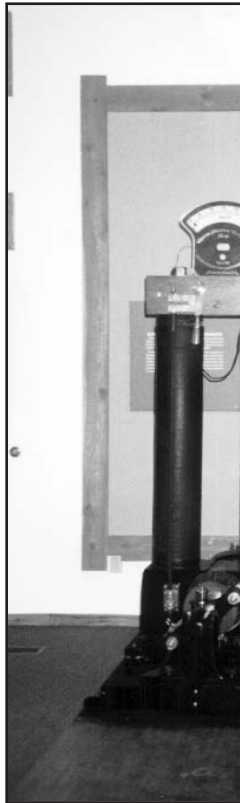
The museum is open from 9 a.m. until 4 p.m., Monday through Sunday. Admission is \$6 for adults; children ages 5-12 are charged \$4. Children under 5 get in free with a paying adult.

A small gift shop is available, featuring



Photos by Nel Lampe

The gold content of rocks would be determined in an assay office



A Thomas Edison dynamometer is pictured at left. T

Community
Events
ACS

A Father s Day Celebration will be held at Turkey Creek Ranch, Dodge City Picnic Area Thursday from 3 to 6 p.m. There will be a hay ride, adventure hike, horseback riding and a mountain man storytelling event. Father s Day cake and prizes are available for everyone. For more information, call 526-4590.

The Family Member Employment Assistance Program is presenting a Resume Workshop from 1 to 3 p.m. Wednesday. The workshop will include a variety of styles to hold the attention of the employers and showcase experience. To register or for more information, call 526-0452.

The Family Member Employment Assistance Program will offer a Standard Form 171 and Optional Form 612 workshop June 24 and again July 15 from 1 to 3 p.m. These forms are the basic federal employment applications. The workshop will provide insight in completing applications and general hints about the most effective ways to describe professional experience. To register or for more information, call 526-0452.

The Family Advocacy Program is offering a Strengthening Step-Families class Thursdays running through July 2 in the ACS conference room. The class will discuss a number of issues related to healthy step-family development. Child care is provided. Call 526-4590 to register.

The ACS Family Advocacy program presents The Five Key Habits of Smart Dads June 23 from 6 to 8 p.m. at the Elkhorn Conference Center. Learn five key habits to

Youth

help men become more effective fathers. Child care is provided. Call 526-4590 to register.

Fort Carson s Child and Youth Services School of the Arts is sponsoring dance, drama, gymnastics and tae kwon do classes for youths ages 3 to 18. All registration for these programs takes place at the CYS building, 5510. For more information call 526-1100. Appointments are necessary to register.

Operation Summer Tracks is ongoing through Aug. 5. Sponsored by the Fort Carson Child and Youth Services for 6th to 12th grades, there will be a different theme and subject each week. Visit building 5510 or call 526-1100 for more information.

The Fort Carson Vacation Bible School will be June 22 to 27 at Soldiers Memorial Chapel. God s Kids Pray is the theme and teachers are needed for all grade levels. Classes for adults and children will be conducted Monday through Friday evenings from 6 to 8:30 p.m. Dinner will be provided. Volunteers should call Dennis Scheck at 526-5626.

Child and Youth Services School of the Arts Program will host a Missoula Children s Theatre production of The Pied Piper June 27

at 3 and 7 p.m. at McMahon Theater. Admission is \$2 for adults and \$1 for children. Auditions for this performance are June 22 from 10 a.m. to noon. All children should bring a lunch, in the event they are cast and need to remain there for the rehearsal. Casting will be held at McMahon Theater, School of the Arts

Miscellaneous

building. All youths ages 6-18 are invited to audition. Rehearsals will be from 10 a.m. to 2:30 p.m. daily. For more information, call Mary Tunder at 526-2680.

The Fort Carson Officers and Civilians Spouses Charitable Organization Club is hosting a Farewell Reception to say goodbye to Meeja Schmitt and Sherry Cripps at Provider Chapel at 7 p.m. Wednesday. All spouses of officers and command sergeants major are encouraged to attend. This event is free and dress is informal. RSVP by Monday at 528-9418.

Albright Productions presents An Artist Extravaganza June 20 at 8 pm. at Christopher s. Donations are \$10 in advance and \$12 at the door. A party with food will take place after the show and there will also be a bike raffle and door prizes.

The Education Center computer software classes will be moved from building 1117 to building 1550 June 22, affecting classes beginning July 13. The classrooms are on the second floor of the new location.

The Fort Carson Red Cross is looking for young people over the age of 14 to volunteer at Evans Army Community Hospital. If interested, call Bethany Tozer at 526-7589.

The Fort Carson Commissary is now operating on new hours. The new hours are Monday, Tuesday, Friday and Saturday from 9 a.m. to 7:30 p.m; Sunday from 9 a.m. to 5 p.m. and Thursday 9 a.m. to 8 p.m. It will be closed Wednesdays.

Army Career and Alumni Program is hosting a job fair June 26 at the Elkhorn Conference Center from 9 a.m. to 3 p.m. More than 60 local and national companies will be represented. Military and civilian personnel are welcome. For more information, call 526-1002.

The Army Community Service Outreach Program Video will be shown every day at 8 a.m. and 1 p.m. through July 5 on the Fort Carson Command Channel.

The Directorate of Resource Management is conducting a sealed bid zone sale Thursday with bids to be opened at 7:30 a.m. Inspections will be from 7 a.m. to 4 p.m. Monday, Tuesday and Wednesday. For more information, call 526-6836.

Fountain-Fort Carson School District 8 is hosting a Summer Food Service Program. Breakfast and lunch will be served from Monday through July 24 at Lorraine, Mesa, Abrams and Mountainside Elementary Schools. Meals are free for those under 18, \$1.50 for an adult breakfast and \$2 for an adult lunch.

These new services are being offered

by the Army and Air Force Exchange Service: Mimi s European Espresso Cart is now open in the food court at the Main Exchange. Hours are 8 a.m. to 2 p.m. Monday through Friday and 8 a.m. to 4 p.m. Saturday and Sunday. Bakery items are available. Cruisin Cuisine, a mobile food truck AAFES concessionaire, is now serving Fort Carson, also. If you would like to have your building serviced, call (800) 353-2305.

Repairs on Ware Street will be ongoing through the month of June. Residents are encouraged to think safety in this area, especially those with children.

Head Start is now enrolling for the 1998-99 school year. El Paso county residents with children who will be 3 or 4 by Sept. 15 may qualify for a free preschool program. Classrooms are located at local elementary schools in districts 2, 3, 8, 11, 20, Ellicott and Peyton. Children attend school two days a week, either Monday or Wednesday or Tuesday and Thursday, six hours a day. Call 635-1536 to make an enrollment appointment.

The 1998 Department of the Army Battle of Bands is a Morale, Welfare and Recreation activity that affords soldiers who play in recreational bands after duty hours the opportunity to compete for cash prizes and trophies. This year s finals will be held at Fort Stewart, Ga., Sept. 21 to 27. Finalists are selected from installation competitions

Nonappropriated Fund Job Openings

Computer technician, \$24,750-\$36,625 range, RFT, Army Recreation Machine Program.

Senior Systems Analyst, \$43,900-\$60,000 range, RFT, Army Recreation Machine Program.

Administrative Assistant, \$19,975-\$32,150 range, RFT, Army Recreation Machine Program.

Senior Operations Analyst, \$43,900-\$65,000 range, RFT, Army Recreation Machine Program.

Programmer II, \$32,625-\$52,000 range, RFT, Army Recreation Machine Program.

Operations Analyst, \$36,625-\$47,600 range, RFT, Army Recreation Machine Program.

Food Service Worker, \$6.75 per hour, must be at least 18 to apply.

Laborer, \$6.04 per hour, golf course, must be at least 18 to apply.

Sales Clerk, \$6 per hour, Pro Shop, several positions.

Operations Analyst, \$6.75 per hour, part time, Bowling Center.

Housekeepers, \$5.81 per hour, billeting, several positions.

Cook, \$7.17 per hour, Neon.

Recreation Aid, \$6 per hour, Bowling Center, several positions available.

Custodial Worker, \$5.81 per hour, Bowling Center, several positions available.

Club Operations Assistant, \$6.75 per hour, Christopher s

Military Briefs

The Fort Carson Criminal Investigation Command has begun full operation of its Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases of fraud against the government, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information about the incident for a follow-up investigation.

The Central Issue Facility will close June 29 through July 3 for a four-day inventory.

The Ammunition Supply Point will be closed for inventory June 22 to 26. For more information, call 526-8602.

The 3rd Armored Cavalry Regiment will conduct a regimental run Monday. Military police will block Barkley Road at Khe Sanh from 6:30 a.m. to 6:45 a.m.

For more information, call 526-3039.

Anyone with claims against or indebtedness to the estate of Spc. Antonio Jackson should contact 1st Lt. Ryan Werling at 526-2925.

The Commanding General's Newcomers Expo and Briefing is set for 1 to 3:15 p.m. today at Elkhorn Conference Center. Spouses are welcome. The briefing is mandatory for all newly assigned soldiers and officers to Fort Carson. Duty uniform is mandatory. For more information, call 526-0428.

The open enrollment season for the thrift savings plan program goes through July 31. During this period, civilian employees may begin or change their contributions to the tax-deferred plan or may allocate or reallocate their future contributions among the TSP's C, F and G funds. The next open season is Nov. 15 to Jan. 31, 1999.

The Joint Personal Property Shipping Office will be moving to building 1220. The move will begin June 15 and will only have limited services June 15 through 19 at the current location. If soldiers are planning to move in July and have orders, they should call now to begin processing. For more information, call 526-3755.

Fort Carson Emergency Medical Technician Courses are now held in building 6281. EMT Basic class dates are July 13 to Aug. 7, and Aug. 31 to Sept. 29. EMT Refresher class dates are Aug. 17 to Aug. 21. To register, contact your unit operations section. For more information, call 526-2820 or 526-5341.

A local Officer Candidate School Board will be held June 22 to 26 at Elkhorn Conference Center for those applying for OCS. Soldiers applying must have their packets to the Personnel Actions Branch by June 15. Uniform for the board is the Class A uniform. The Headquarters, Department of the Army, OCS board will be Aug. 16 to 20. For more information, call 526-1906 or 526-4039.

The Fort Carson Mounted Color Guard is conducting tryouts for the team every Wednesday through Friday by appointment only.

The team is looking for highly motivated soldiers who are good with horses. For more information, call 526-4985.

Soldiers magazine is looking for one female and male soldier for a poster. The poster will feature the soldiers in the proper wear of the Class A uniform. Soldiers who are selected will be flown to Washington, D. C. in August for a three-day photo shoot.

Soldiers in the rank of pfc. through staff sergeant will be considered, as well as first and second lieutenants. Send the following information to: Soldiers Magazine, Uniform Poster, 9325 Gunston Rd. Suite S108, Fort Belvoir, Va 22060-5581.

To be considered, a soldier must send a current DA photo, a one-page biography to include full name, rank, social security number; and a list of all assignments to include current unit address and phone number; and a letter of recommendation from your commander or first sergeant to include your last Army Physical Fitness Test score and a statement that you meet the height and weight requirements in accordance with AR 600-9, by July 17.

Selectees will be notified no later than July 31. For more information, call Staff Sgt. Alan Moore DSN 656-4504 or (713) 806-4504.

The Engineering Community is currently looking for motivated soldiers in pay grades E-1 through E-3 and soldiers in the pay grade of E-4 with less than a year time in grade.

Soldiers interested must possess a GM score of 100 or above and a GT or ST score of 110 or above. For more information, call DSN 436-5261.

The Colorado Springs Space Society is holding a meeting today at 7 p.m. The meeting will take place at the Republican Party Headquarters, 710 S. Tejon St.

Sports & Leisure Athletics

The first John Mobley Football Camp will be held at the University of Denver June Sunday through Wednesday. The camp is open to boys ages 8 to 18.

Featured at this year's camp will be current Bronco players Neil Smith, Rod Smith, Terrell Davis and Detron Smith as well as other Bronco players. Also, coaches from the U.S. Air Force Academy, Kansas State University, University of Miami, Oklahoma State University, University of Colorado, University of California, Los Angeles, Brigham Young University, Colorado State University and Wyoming will be there.

For a free camp brochure, call (800) 799-7981.

Ironhorse Fitness Center will hold a racquetball tournament July 7 to 11. The tournament is open to the Colorado Springs military community, active duty and family members over 16, retirees and Department of Defense civilians. The double elimination tournament has no entry fee. Entry deadline is July 1. Categories are Men A/B/C, Women and Mixed Doubles. There will be awards for first and second places.

For more information, call Bill Reed at 526-2706.

Don Eddy basketball camps will be conducting a camp for both boys and girls, July 13 to 17 at Liberty High School, Monday through Friday from 8:30 a.m. to 4 p.m. Don Eddy basketball camps are nationally recognized for their expertise in the instruction of shooting and one-on-one offensive skills.

Students from age 8 to 18 are eligible to attend. For more information call or fax (210) 492-9779. You can also visit their web site at www.debb.com.

The Fort Carson Youth Services office is accepting applications for volunteer tennis coaches. For more information, contact Lamont Spencer at 526-3368.

The 1998 Garrison Golf League has begun and will be conducted on Monday afternoons at the Cheyenne Shadows Golf Course on post. All members of the Fort Carson community are invited to participate in the league and are encouraged to bring along friends and co-workers. Tee times for the league start at 3:30 p.m. and run until 6:30 p.m. For more information, contact Russ Lee at 526-8346 or Capt. Jean Kobes at 526-9469.

The Cheyenne Shadows Golf Course office has announced the following fee changes effective immediately.

Category one: weekday \$8; weekend/holiday, \$10; Twilight, \$5; 10 play, \$60.

Category two: weekday \$12; weekend/holiday, \$14; Twilight, \$9; 10 play, \$100.

Category three: Department of Defense: weekday \$14; weekend/holiday, \$16; Twilight, \$11; 10 play, \$120.

Civilian: weekday \$20; weekend/holiday, \$22; Twilight, \$14; 10 play, \$180.

The twilight rate is only available after a designated time in the afternoon. Currently it is 6:30 p.m. but that will change as sunset time changes.

RIDEFINDERS will be sponsoring the 5th annual bike week program designed to promote the safe and fun use of bicycles for commuting and recreational purposes June 20 to 28 according to the Colorado Springs office of public communications.

A free breakfast will be provided at the New South Wales restaurant for bike riders on Bike to Work Day, June 26, to promote bicycle commuting. Reservations are required for this event and can be made by calling RIDEFINDERS at 471-7665.

The 1998 USA Boxing Challenge, featuring four Fort Carson soldiers will be held today and Saturday at the Olympic Training Center on Boulder Street. Discount tickets are available at the Information Tour and Travel. Today's card begins at noon. Saturday there will be action at noon and 7 p.m. For ticket information call ITT at 526-5366.

The post soccer team is looking for anyone interested in trying out for the Colorado Springs Soccer Club 98 Invitational here July 17 to 19. Soldiers interested in trying out for the team should contact Coach Ben Stancati at 574-1020 or 548-1970.

The Colorado Armed Forces State Tournament, sponsored by the Colorado United States Slo-Pitch Softball Association will be held

Auto Craft Center offers savings to community

Fort Carson Auto Craft Center

The Auto Craft Center is a modern do-it-yourself repair facility designed to help the Fort Carson community maintain its personal vehicles in top running condition. Except for emissions testing, the center is available only to authorized users.

Authorized users are all active-duty military, reservists, retired military, family members 16 years or older and Department of Defense civilians. Priority use of the center is given to active duty members. All personnel must possess a valid military or DOD identification card, and a shop qualification card. The shop qualification card is issued free of charge upon visiting the center and familiarizing yourself with the Standard Operating Procedures posted on the bulletin board.

Qualified instructors are ready to assist you in all phases of automotive maintenance and repair, ranging from changing the oil to overhauling an engine. Special assistance and services are provided for spouses during deployments such as helping with emergency repairs.

The center offers, at affordable fees:

thirty-three repair bays: five engine rebuild, four lube and three tire, two muffler, two paint booths, four body bays, and other general repair bays.

vehicle storage facility for vehicles awaiting parts or service.

a variety of classes, first Wednesday of each month, and auto repair VCR tapes. state emission testing.

computer diagnostic service.

air conditioner, drum/rotor, and valve turning service.

frame straightening equipment.

welding (gas, arc, & mig).

specialized tools and equipment.

qualified instructors to provide you with guidance in auto maintenance and repair.

As do-it-yourselfers, hundreds of patrons have done a complete brake job for as little as \$59. A job like this done at a workshop downtown could cost as much as \$200 or more. Patrons have balanced their own tires, changed water pumps, painted their own vehicles for pennies on the dollar.

Compare these fees:

Service Center	Downtown Avg.	
Air condition	\$163	\$80
Tire repair	\$9.50	
\$1.75	Tire Balance	\$9.25
\$4	Paint Labor	\$550
	\$50	

The Auto Craft Center is located on Wetzel Avenue, building 2427.

The hours of operation for the center are as follows:

Wednesday, Thursday and Friday:

1 to 8:30 p.m.

weekends and holidays:

9 a.m. to 4:30 p.m.

Monday and Tuesday:

closed

As a new service, the center has expanded its hours of operation for emissions testing. The shop is now open seven days a week for emission testing. Only emissions testing will be done during the hours and days that the shop is normally closed, no other work is authorized. Emission testing hours are as follows:

Saturday and Sunday:

9 a.m. to 4 p.m.

Monday and Tuesday:



Photo by Pfc. Socorro A. Spooner

Pet of the

Puppy power

This 3-to 4-month-old female mixed breed dog is currently available for adoption at the Fort Carson Veterinary Treatment Facility. Pets up for adoption are vaccinated and neutered. The treatment facility provides routine preventive medicine and minor sick call services to pets owned by active-duty and retired military members. Normal hours of operation for the clinic are Monday through Friday, 7:30 a.m. to 3:30 p.m.

Clinics are held every Monday, Wednesday and Friday with animals being seen by appointment only. To reduce the risk of child injury in exam rooms and to increase the attentiveness of pet owners during the examination process, the facility discourages pet owners from bringing children under 10 years of age. People interested in adopting a pet can call 526-4354. For an appointment, call 526-3803.